



# Seeking Balance in a Busy World

*"Thou art my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance." Psalm 32:7*

Reflect daily on the important things in life.

## Main Points

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## Activities/Questions

1. Determine to set your mind on God in everything you do during the day. Identify how you can commune with God momentarily and invite Him throughout the day to get involved in every sphere of your life. \_\_\_\_\_

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2. How can you better utilize your time while carrying out your daily activities? \_\_\_\_\_

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3. How can you relook at the order of priority that you give to your varied commitments? \_\_\_\_\_

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## Notes

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## Prayer

Dear Lord, thank You for the blessings of each day. Help me to utilize Your gift of time to honor and glorify Your name. Amen.